
BBC LEARNING ENGLISH

Authentic Real English 地道英语

You do you

你做你的 “你行你素”



- 关于台词的备注:
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Feifei

大家好，欢迎收听 BBC 英语教学制作的“地道英语”节目。我是冯菲菲，还有我的搭档 Rob。Hello, Rob!

Rob

Hello! Now, I was thinking – you always start the programme! It's never me.

Feifei

That's right. I have always started the programme. That's the way I like it!

Rob

Really? And you always introduce the examples.

Feifei

I do, Rob. It's just the way I like to do it and I know what's best!

Rob

Hmm... you mean, you do you!

Feifei

I do me?

Rob

No – you do you – it means you do your own thing, you know your own mind, and you probably won't change.

Feifei

原来 “you do you” 的意思是 “你按照自己的意思做事，你知道你自己的想法，而且你可能不会改变”。Thanks for clearing that up, Rob. I guess you're right.

Rob

Thanks, but can I introduce the examples today, please?

Feifei

No!

Examples

Look, we can't agree on this. You do you and we'll talk about this again later.

I told my girlfriend to do more exercise, but she wouldn't listen. So I told her 'you do you', I'm off for a run!

I like the way you do you – you stick to what you think is right and are not influenced by other people's comments.

Feifei

这里是 BBC 英语教学的“地道英语”节目。刚刚我们给大家举例讲解了“you do you”的意思和用法。我们可以对按照自己想法做事，不听取他人意见的人说“you do you（你做你的，我行我素）”。Of course, Rob, I couldn't do things your way.

Rob

Oh, why?

Feifei

You're always late, so it's best if I start the programme. And there's another reason why I always 'do me'... I'm always right!

Rob

Oh! In that case, maybe I can 'do you' too?

Feifei

It's OK, Rob. It's best if you do you and I'll do me.

Rob

Who, me? Oh, this is all very confusing.

Feifei

I'll tell you what you can do – you can finish the programme because I've got to go. Bye!

Rob

Oh, do you? Right, that's all for this Authentic Real English. Bye-bye. Feifei, where have you gone? Feifei!